

AGGIE CONNECTIONS

— UC DAVIS AGGIE PARENT AND FAMILY ASSOCIATION —



In the Know Newsletter

Translations Available:
Boletín de Padres en Español | 家长通讯中文版

To Our Aggie Family

UC Davis is committed to the safety and well-being of our community. The campus is working closely with the local public health department and the University of California Office of the President. We continue to implement measures to protect our community. At this time UC Davis will not be hosting any on-campus events. We hope you find the resources below helpful during this difficult time. If you have other suggestions for us to include, please email us at alumni@ucdavis.edu.

Together, we are **One Aggie Network**, united by a passion for UC Davis.

— Dana Allen, Assistant Vice Chancellor, Alumni and Affiliate Relations

Stay Updated with the Latest Coronavirus Information from UC Davis

Please use the following links to stay updated on new research, stories of Aggies helping Aggies and general university news.

[CAMPUS INFORMATION](#)

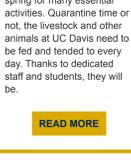
[ALUMNI INFORMATION](#)



UC Davis Health Speeds up COVID-19 Testing

Clinical pathologists, infectious disease physicians and scientists at UC Davis Health are collaborating on new reagents, diagnostic tests and a vaccine for the COVID-19 coronavirus in hopes of preventing and ultimately treating the infection.

[READ MORE](#)



Students Keeping Animals Healthy

The university is open this spring for many essential activities. Quarantine time or not, the livestock and other animals at UC Davis need to be fed and tended to every day. Thanks to dedicated staff and students, they will be.

[READ MORE](#)



Two Clinical Studies Launched to Treat COVID-19

UC Davis Health has two clinical trials underway evaluating the safety and effectiveness of two drugs—the investigational antiviral remdesivir, and sarilumab, a drug that blocks the body's acute inflammatory response.

[READ MORE](#)

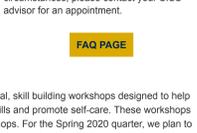
Where to find Campus Updates and Information:



Student Affairs COVID-19 FAQ for Students

To help address specific questions you may have related to campus decisions and other announcements, we have developed a student-focused frequently asked questions (FAQ) for you to utilize as an informational resource as things progress throughout the remainder of the school year. As we receive questions and feedback from students, we will continue to update and add information. We encourage you to check this FAQ page frequently.

[FAQ PAGE](#)



Global Affairs: Services for International Students and Scholars

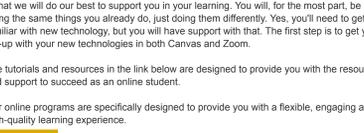
COVID-19 Questions and Answers You may have questions about how coronavirus (COVID-19) is impacting life on the UC Davis campus. The questions in the link below have been frequently asked of SISS advisors. If you don't see the answer to your question here, or if you have questions about or want to discuss your unique circumstances, please contact your SISS advisor for an appointment.

[FAQ PAGE](#)

You Got This (YGT) Series

Counseling Services offers psycho-educational, skill building workshops designed to help build personal awareness, develop coping skills and promote self-care. These workshops are known as the You Got This (YGT) workshops. For the Spring 2020 quarter, we plan to offer workshops on the following topics: Mindfulness, Coping with Anxiety, Wellness Ways – dialectical behavioral therapy skills and Gratitude. The final schedule for spring quarter is still in the process of transition to an online platform. In the meantime, you're welcome to use the link to review the descriptions of workshops and once new information is available, this website will include the updated information.

[LEARN MORE](#)



Virtual UC Davis

As the campus has shifted to remote learning for spring quarter, departments within the Division of Student Affairs have gone virtual to continue to support and empower students in ways that align with public health and safety guidelines. We anticipate that services will evolve and expand over time, and we will continue to update and add information. We encourage you to check this site frequently for additional resources.

[MORE INFORMATION](#)

Your Guide to Succeeding as an Online Student

You've just discovered your course is being transitioned from an in-person course to an online format. You are probably feeling a bit anxious about how online learning works, and what skills and technology requirements you'll need to learn. The first thing to keep in mind is that we will do our best to support you in your learning. You will, for the most part, be doing the same things you already do, just doing them differently. Yes, you'll need to get familiar with new technology, but you will have support with that. The first step is to get you set-up with your new technologies in both Canvas and Zoom.

The tutorials and resources in the link below are designed to provide you with the resources and support to succeed as an online student.

Our online programs are specifically designed to provide you with a flexible, engaging and high-quality learning experience.

[RESOURCES](#)

Zoom: Best Practices for Online Students

- Use a computer located in a quiet room, without other computers that are accessing Zoom
- Click on the Zoom meeting link sent by the instructor
- Unmute the audio and video at the bottom of the screen
- When you are not talking, mute your audio
- Use the chat feature if you have questions

Student Corner: Study Tips for Online Classes

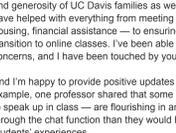
By Anu Redding
Scholarship Director, Kappa Alpha Theta, UC Davis



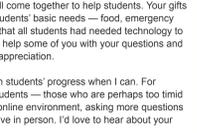
Boundaries
Have a designated space in your house to do your classes. This helps productivity as well as distinguishes a barrier between work and home. Even though we are stuck at home, this doesn't mean we have to meld the two. Creating small physical boundaries like this is the first step in being successful at online school!



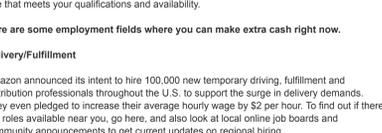
Pomodoro Method
The pomodoro method is a way to split up your time in terms of studying. It's where you study for 30 minutes and then take a 10 minute break. This is extremely helpful because you have an end time instead of studying hours on end hoping to get somewhere.



Your Basic 9-5
This is something I was told freshman year and it's helped me out so much. Treat college as if it is your basic 9-5 office job. So, no matter what between the hours of 9-5 you are actively doing things for your classes. Doing this will help maintain structure throughout the day, especially when we are sitting at home 24/7.

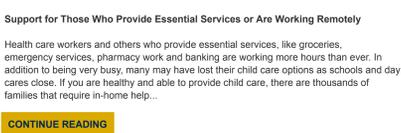


Notes but make it chic
Write everything down. Even though we are dealing with online classes, physically writing down your notes will help you learn and retain but also making them cute with fun colors and fonts will take up some of that extra time at home that we don't know what to do with.



CENSUS 2020
Don't be counted out! Did you leave campus in response to the coronavirus? The Census still wants you to report where you usually live while at school. More information, links and resources below.

[GET COUNTED TODAY!](#)



Getting to Know You

By Cari DuBois-Knight

I'd like to introduce myself as the new Associate Director of Development for Parent Giving at UC Davis. Since joining the Annual Giving team, I have had the opportunity to get to know many dedicated parents, and I look forward to connecting and building relationships with many more of you. It's my pleasure and privilege to build upon the solid foundation of my predecessor, Eric Gifford. Working together, I believe we can achieve great things for our amazing, hardworking students.

With the impacts of COVID-19 unfolding daily, this has been a challenging time to start — but it's been a revealing time as well. I have been so impressed with the caring spirit and generosity of UC Davis families as we all come together to help students. Your gifts have helped with everything from meeting students' basic needs — food, emergency housing, financial assistance — to ensuring that all students had needed technology to transition to online classes. I've been able to help some of you with your questions and concerns, and I have been touched by your appreciation.

And I'm happy to provide positive updates on students' progress when I can. For example, one professor shared that some students — those who are perhaps too timid to speak up in class — are flourishing in an online environment, asking more questions through the chat function than they would have in person. I'd love to hear about your students' experiences...

[CONTINUE READING](#)

Jobs for Those Whose Careers Are on Hold Because of Coronavirus

Workers of temporarily closed businesses can look for employment — and income — in these fields.
By Robin Reshwan

Jobs for Workers Halted by Coronavirus

THE REACTION TO THE coronavirus, or COVID-19, has left many employees either with less or no work or nervous about the finances needed to manage through the upcoming weeks or months while our nation copes with a pandemic. If you are facing job reduction or elimination due to safety concerns related to the coronavirus, look to identify and secure a role that meets your qualifications and availability.

Here are some employment fields where you can make extra cash right now.

Delivery/Fulfillment

Amazon announced its intent to hire 100,000 new temporary driving, fulfillment and distribution professionals throughout the U.S. to support the surge in delivery demands. They even pledged to increase their average hourly wage by \$2 per hour. To find out if there are roles available near you, go here, and also look at local online job boards and community announcements to get current updates on regional hiring.

While Amazon is a clear leader in delivery and fulfillment opportunities, they are not alone in their hiring needs. Businesses of all sizes are exploring or promoting delivery services as a means to stay afloat during disruptions in support of social distancing. Start with your local grocery stores, pet supply stores, drugstores, convenience stores and restaurants to see if they are adding to their delivery and curbside drive-up services.

In addition to drivers, they may need temporary help with unloading shipments of supplies, restocking shelves, manning busy phone lines, maintaining cleanliness of stores, technology support or recording new products and sales in their databases and billing systems.

Support for Those Who Provide Essential Services or Are Working Remotely

Health care workers and others who provide essential services, like groceries, emergency services, pharmacy work and banking are working more hours than ever. In addition to being very busy, many may have lost their child care options as schools and day cares close. If you are healthy and able to provide child care, there are thousands of families that require in-home help...

[CONTINUE READING](#)

Stay Connected!

The UC Davis Parent and Family Programs are on Facebook! Like our page to stay connected!

[FACEBOOK PAGE](#)

Career Webinars:

Launch an Active Job Search Campaign

Wednesday, April 22, 2020
12 p.m. – 1 p.m.

Professional Success in Healthcare and Medicine

Thursday, April 23, 2020
12 p.m. – 1 p.m.

Navigating the Gig Economy

Monday, May 18, 2020
12 p.m. – 1 p.m.

Have you been impacted by COVID-19? Take control of your career prospects. This webinar will share simple but effective tips to help you move beyond the frustrating "Apply online and wait game." Join us to expand your options now.

[REGISTER](#)

Join our panel of freelancers, business owners, self-employed professionals and others who have successfully navigated the gig economy for advice on identifying opportunities, balancing multiple gigs and strategies for career success.

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One Aggie Network. Many CONNECTIONS.

UC DAVIS
ALUMNI AND AFFILIATE RELATIONS

[MAKE A GIFT](#)

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