Hello Aggie Parents and Families,

Happy holidays to you and your family with the best wishes for New Year! Enjoy the time away with your family and be safe. See you next year!

Go Ags!

About Us

The UC Davis Parent and Family Council is a group of parent and family member volunteers who are committed to improving the quality of the university experience for the entire UC Davis community. Each month a member of the council writes an article on a topic of importance for the column For Parents by Parents.

For Parents by Parents: Being a Real Parent in a Virtual World

By Tami Kacevas, Parent and Family Council

Virtual…. That is the most common word in our home right now. My daughter is spending her senior year at UC Davis learning from professors on Zoom, having virtual classmates, living a virtual social life, and most likely her graduation will also be virtual. For those of us who have our children living miles away from us, it is even more of a challenge to try and find creative ways to support them and encourage them. I would like to share with you some of my family’s ways to keep our ourselves sane.

Become a member TODAY!

Your Aggie Parent and Family Association (APFA) is here with fun filled events and member exclusive perks to keep you connected! Membership comes with our exclusive biked themed "UC Davis Parent" t-shirts. Make sure to use promo code HOL for a special gift in your member kit.

Check out our Student Alumni Association to see what opportunities your student has access to.
Around Campus

Parent sparks win-win partnership with the ASUCD Pantry

by Cari DuBois-Wright, Associate Director of Development in Parent Giving

Assembling grocery bags at the ASUCD Pantry, where a new inventory management system—designed by computer science students working with experts at Salesforce—has improved operations.

Parents make an incredible impact on UC Davis. Click “Read More” to learn how one parent, Larry Jacobs, was able to use his expertise as a software architect at Salesforce to help the ASUCD Pantry.

READ MORE

New Online Class: Basics in Bicycling

By Ryan Jones, UC Davis Transportation Services

This year, an incredible number of folks rode their bikes for fun, utility, or for recreation. Regardless of your tenure with bicycling, you may like some tips on how to ride safely in a variety of places. We’re excited to announce a new bicycle education curriculum focused on improving your bicycling experience: Cycling Savvy Basics.

Cycling Savvy’s mission is “To make a difference in people’s lives by empowering them to use their bikes to go anywhere they want, safely and confidently.” Cycling Savvy Basics is an online introductory bicycle education class, broken up into 14 sections with short videos and short quizzes. This course is offered on Canvas, courtesy of the UC Davis Bicycle Program, and seeks to provide the campus community with the knowledge and confidence to ride safely in their commutes while running errands or for recreation.

It is our hope that by putting bicycling safety material into practice, your student can make their cycling experience more enjoyable and less stressful. Consider encouraging your student to spend some time reviewing these free bicycle safety lessons during the upcoming break. A bit of bike education can be invaluable in helping a cyclist operate their bicycle safely.

To learn more visit: https://canvas.ucdavis.edu/courses/467429

Cycling Savvy also is providing a free educational course online: https://cyclingsavvy.org/courses/essentials-short-course/

COVID-19 UPDATES
HELP STOP THE SPREAD
UC Davis is encouraging students, staff, faculty and the Davis community to use the California COVID Notify app for digital tracking and automated notification of potential exposure to the virus. Add your phone to California’s exposure notification system to get COVID-19 exposure alerts and protect those around you.

How does it work?
Once you activate CA COVID Notify, it does all the work for you. Just keep your Bluetooth on and you will receive alerts if you are in close contact with someone who tested positive for COVID-19. Your privacy is protected as your identity is not known and your location is not tracked.

How to activate on iPhone:
1. “Required” - Update your iOS to version 14.2 or later
2. Go into settings
3. Scroll down to Exposure Notifications
4. Turn on Exposure Notifications

How to activate on Android:
1. Download CA COVID Notify on the Google Play Store.

For more Information: https://canotify.uchealth.edu/#section4

All Employees and Students on Campus are Now Subject to COVID-19 Testing

Weekly COVID-19 tests for all staff, faculty and students coming to campus began on Wednesday, Nov. 18. As of Dec. 1, all UC Davis affiliates will be required to test for COVID-19 before entering any campus facility. A testing question will be added to the Daily Symptom Survey that day to monitor compliance.

Employees and students who visit campus once a week are required to get tested every seven days. If you visit campus less frequently, then please plan ahead to secure a testing appointment up to seven days before your visit or on the day of your visit. You do not need the result before your visit, but you must have been tested.

All tests are by appointment that you arrange yourself in the Health-e-Messaging Portal.

For more Information on making an Appointment through your school portal go to: https://ucdavis.app.box.com/s/h/1gphqz3cs68dyv1vsl0kd30jsfyrt5

Being A Student
Stress, Academic Honesty and the Pandemic

By: Nathaniel S. Curiel

With the stress and limitations of this academic year like no other, many students are struggling to cope, and referrals to the Office of Student Support and Judicial Affairs (OSSJA) for academic misconduct have more than doubled during remote instruction. Learn about what constitutes academic misconduct and the resources and services available to students who may be struggling.

Register for First-Year Seminar: Learn to Use the Library

It's never easy learning to use a
university library for the first time—even more so this year when nearly everything is happening online. If your first-year student is looking to add one more unit now that they know which courses they got into, check out the UC Davis Library’s first-year seminar, which teaches the critical thinking and library research skills that will provide a solid foundation for success throughout their UC Davis career. Use the Schedule Adjustment period to sign up!

Register for FYS

The Office of Educational Opportunity and Enrichment Services (OEOES) houses a number of centers, programs and services designed to support student learning, enhance the student experience and foster strong communities where students feel empowered to achieve their goals. They have an online “Learning Toolkit” with handouts that can be especially helpful in organizing projects and managing time.

For More Information

Is your Student Graduating? Encourage them to Register for Alumni 101

Join your Cal Aggie Alumni Association for discussions on life after college. We’ll be focusing each session on the things we wish we knew about post-grad life: making friends, job searching, financial literacy, and taking a gap year before going to graduate school. Check out the details about each session below.

The first 50 Student Alumni Association (SAA) members to register will be sent a special swag bag. If you are not a SAA member but want to learn more, visit the Student Alumni Association page.

All students who register and attend at least one session will be sent a self-care package (while supplies last).

Students who attend all sessions will be entered to win a $100 Bookstore Gift Card.

REGISTER

Preparing for the Winter Blues

By Emilia George, MPH, UC Davis Student Health and Counseling Services

Seasonal affective disorder (SAD), this can also be called seasonal depression, is common during winter quarter at UC Davis. The change in weather and sunlight directly impacts one’s
Self reflection is an important part of determining next steps in life. The Internship and Career Center (ICC) encourages students to reflect and become design thinkers. Designer thinkers approach every challenge with the following five core mindsets: Curiosity, Bias to Action, Radical Collaboration, Reframing, and Awareness.

CAREERS

What to Know About Virtual Career Fairs
By Robin Reshwan, CEO CS Advising

 Virtual Career Fairs are the new normal under COVID-19 but may be here to stay even once the pandemic has passed. Here are some tips for your student on how to prepare for a virtual fair and set up for the interviews.

READ MORE

Reflecting and Taking Steps
By Marcie Kirk Holland, Executive Director UC Davis Internship and Career Center

Self reflection is an important part of determining next steps in life. The Internship and Career Center (ICC) encourages students to reflect and become design thinkers. Designer thinkers approach every challenge with the following five core mindsets: Curiosity, Bias to Action, Radical Collaboration, Reframing, and Awareness.

READ MORE

Now Hiring: UC Davis Orientation
Classes will not be in session the following days during the winter quarter:

- Martin Luther King Jr. Day
  January 18, 2021
- Presidents Day
  February 15, 2021

Fall quarter grades will be posted on your student’s my.ucdavis.edu account by Dec 27. If your student has any questions about their grades or what to do if they failed a course, refer them to their academic advisor. As a reminder, grades are protected by the Family Educational Rights Privacy Act (FERPA) and cannot be disclosed by UC Davis. Students are able to repeat and replace up to 16 units if they received a D+ or below without it being recorded on their transcripts. They also have the choice to take an incomplete if their personal situation or reason meets the criteria.

Important Dates

Important Academic Dates for Winter Quarter

Jan 4:
- First day of instruction
- Last day to file Planned Educational Leave Program (PELP) petition with full refund.
- Financial Aid funds available through Direct Deposit

Jan 15:
- 10th day of instruction—Last day to:
  - Make payment to meet the late fee payment deadline. Students with unpaid balances after the 10th day of instruction will have their registration administratively withdrawn, all courses dropped and fees for the first 10 days of instruction will be charged to the student account using the Schedule of Refunds.
  - Drop designated 10-day-drop courses.
  - File Planned Educational Leave Program (PELP) petition without refund.

Jan 20: 12th day of instruction—Last day:
- For wait lists
- To add courses

Upcoming University Holidays

Classes will not be in session the following days during the winter quarter:

- Martin Luther King Jr. Day
  January 18, 2021
- Presidents Day
  February 15, 2021

Fall Quarter Grades
Please consult with your student on being able to view their grades, if you have any more questions please contact: https://my.ucdavis.edu/ask_us/

Events

Game Nights
Thursdays @ 6pm

Alumni and Affiliate Relations is inviting the whole Aggie family (Alumni, Parents, Retirees, Emeriti Faculty, and Students) to monthly game nights. We have some Join us in December and January for trivia and Bingo!

Prizes will be awarded to the top contenders.

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<th>Event</th>
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<td>December Trivia</td>
<td>Thurs, December 17</td>
<td>6pm Pacific/8pm Central</td>
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<td>January Bingo</td>
<td>Thurs, January 14</td>
<td>6pm Pacific/8pm Central</td>
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<tr>
<td>January Trivia</td>
<td>Thurs, January 28</td>
<td>6pm Pacific/8pm Central</td>
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REGISTER FOR DECEMBER TRIVIA  REGISTER FOR JANUARY BINGO  REGISTER FOR JANUARY TRIVIA

Holiday Movie and PJ Party

The UC Davis Texas Network invites Aggie families everywhere to join them for a holiday movie and pajama party on Friday, December 18 at 6pm Pacific/8pm Central. From the comfort of your own home, chat along with us as we watch a movie on Teleparty (previously Netflix party). After the event, send us photos of you and your at home movie theater set-up for a chance to win a $30 Amazon gift card. Get more details and register on the event page.

Date: Friday, December 18
Time: 6pm Pacific/8pm Central

Coffee Chats of Out of State and International Parent and Families

The Aggie Parent and Family Association (APFA) invites all international and out of state parents and families to an informal meet and greet with its Out-of-State and International Parent Committee. The program includes welcoming remarks, followed by a presentation from the Aggie parent volunteers, and time to talk with other parents and family members. We will have two sessions- an out of state session and an international session. Pick your favorite spot, bring your cup of coffee or tea, perhaps with a piece of warm scone, and join us! We would love to hear from you and find out how we can
better support your family and your student during their time at UC Davis.

**International Session:**
Date: Thursday, January 14
Time: 8am-9am Pacific
Register

**Out of State Session**
Date: Thursday, January 14
Time: 8am-9am Pacific
Register

One Aggie Network. Many CONNECTIONS.